

SGC FOODSERVICE

DORA BREAKFAST

JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 1/1/2019 NO SCHOOL TODAY	Wed - 1/2/2019 NO SCHOOL TODAY	Thu - 1/3/2019 VARIETY CEREAL GOGURT BANANAS ORANGE JUICE MILK PANCAKE ON A STICK	Fri - 1/4/2019 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY RAISINS ORANGE JUICE MILK VARIETY CEREAL GOGURT
Mon - 1/7/2019 VARIETY CEREAL GOGURT BANANAS ORANGE JUICE MILK SCRAMBLED EGGS TOAST SAUSAGE PATTY	Tue - 1/8/2019 PANCAKES SYRUP APPLES ORANGE JUICE MILK VARIETY CEREAL GOGURT	Wed - 1/9/2019 BREAKFAST PIZZA HASH BROWNS ORANGE JUICE CHERRIES MILK VARIETY CEREAL GOGURT	Thu - 1/10/2019 OATMEAL TOAST BLUEBERRIES ORANGE JUICE MILK VARIETY CEREAL GOGURT	Fri - 1/11/2019 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY RAISINS ORANGE JUICE MILK VARIETY CEREAL GOGURT
Mon - 1/14/2019 VARIETY CEREAL GOGURT BANANAS ORANGE JUICE MILK PANCAKE ON A STICK	Tue - 1/15/2019 SCRAMBLED EGGS TOAST JELLY ORANGE ORANGE JUICE MILK VARIETY CEREAL GOGURT	Wed - 1/16/2019 FRENCH TOAST STICKS SYRUP BLUEBERRIES ORANGE JUICE MILK VARIETY CEREAL GOGURT	Thu - 1/17/2019 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY RAISINS ORANGE JUICE MILK VARIETY CEREAL GOGURT	Fri - 1/18/2019 NO SCHOOL TODAY
Mon - 1/21/2019 NO SCHOOL TODAY	Tue - 1/22/2019 VARIETY CEREAL GOGURT BANANAS ORANGE JUICE MILK PANCAKE ON A STICK	Wed - 1/23/2019 CINNAMON ROLL APPLESAUCE ORANGE JUICE MILK VARIETY CEREAL GOGURT	Thu - 1/24/2019 BREAKFAST PIZZA HASH BROWNS ORANGE JUICE CHERRIES MILK VARIETY CEREAL GOGURT	Fri - 1/25/2019 WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY RAISINS ORANGE JUICE MILK VARIETY CEREAL GOGURT

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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DORA BREAKFAST

JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/28/2019	Tue - 1/29/2019	Wed - 1/30/2019	Thu - 1/31/2019	Fri - 2/1/2019
VARIETY CEREAL GOGURT BANANAS ORANGE JUICE MILK PANCAKE ON A STICK	FRENCH TOAST STICKS SYRUP BLUEBERRIES ORANGE JUICE MILK VARIETY CEREAL GOGURT	PANCAKES SYRUP BLUEBERRIES ORANGE JUICE MILK VARIETY CEREAL GOGURT	BREAKFAST BURRITO HASH BROWNS DRIED CHERRIES ORANGE JUICE MILK VARIETY CEREAL GOGURT	WHOLE GRAIN BISCUIT BISCUIT GRAVY SAUSAGE PATTY RAISINS ORANGE JUICE MILK VARIETY CEREAL GOGURT

*THIS EMPLOYER IS AN EQUAL OPPORTUNITY PROVIDER

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SGC FOODSERVICE

DORA LUNCH
JANUARY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Tue - 1/1/2019 NO SCHOOL TODAY	Wed - 1/2/2019 NO SCHOOL TODAY	Thu - 1/3/2019 HAMBURGER ON A BUN POTATO CHIPS FRESH BROCCOLI FRUIT MILK KETCHUP MUSTARD	Fri - 1/4/2019 SAUSAGE PIZZA CHEESE STUFFED CRUST PIZZA TOSSED SALAD W/ TOMATO CORN RANCH DRESSING FRUIT ASSORTMENT MILK
Mon - 1/7/2019 BURRITO W/ CHEESE REFRIED BEANS TOSSED SALAD W/ TOMATO SALSA FRUIT MILK	Tue - 1/8/2019 FISH STRIPS TARTER SAUCE PINTO BEANS CORNBREAD FRUIT MILK	Wed - 1/9/2019 PULLED BBQ PORK SANDWICH CORN ON THE COB BBQ CHIPS FRUIT ASSORTMENT MILK	Thu - 1/10/2019 BEEF VEGETABLE SOUP GRILLED CHEESE SANDWICH STRING CHEESE FRUIT ASSORTMENT MILK	Fri - 1/11/2019 TURKEY ROAST MASHED POTATOES BROWN GRAVY GREEN BEANS WHOLE GRAIN ROLL FRUIT ASSORTMENT MILK
Mon - 1/14/2019 HOT HAM & CHEESE ON BUN CHIPS FRESH BROCCOLI FRUIT MILK	Tue - 1/15/2019 CHILI FRITOS ICE CREAM FRUIT ASSORTMENT MILK	Wed - 1/16/2019 CHICKEN AND NOODLES PEAS FRUIT ASSORTMENT WHOLE GRAIN ROLL MILK	Thu - 1/17/2019 SLOPPY JOE ON BUN WHOLE WHEAT BUN CHIPS GREEN BEANS APPLESAUCE MILK	Fri - 1/18/2019 NO SCHOOL TODAY
Mon - 1/21/2019 NO SCHOOL TODAY	Tue - 1/22/2019 CORN DOG CHIPS BABY CARROTS RANCH FRESH FRUIT MILK	Wed - 1/23/2019 TURKEY SUB CHIPS CORN FRUIT ASSORTMENT MILK	Thu - 1/24/2019 CHICKEN ALFREDO PEAS FRUIT ASSORTMENT GARLIC TOAST MILK	Fri - 1/25/2019 BEEF VEGETABLE SOUP GRILLED CHEESE SANDWICH STRING CHEESE FRUIT ASSORTMENT MILK

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JANUARY 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 1/28/2019 PULLED BBQ PORK SANDWICH FRENCH FRIES BAKED BEANS FRUIT ASSORTMENT MILK KETCHUP MUSTARD	Tue - 1/29/2019 SLICED HAM MASHED POTATOES BROWN GRAVY GREEN BEANS FRUIT WHOLE GRAIN ROLL MILK	Wed - 1/30/2019 CHILI CHEESE FRITOS FRUIT ASSORTMENT MILK	Thu - 1/31/2019 CHICKEN FAJITAS SHREDDED LETTUCE CHEESE SALSA FRUIT MILK	

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